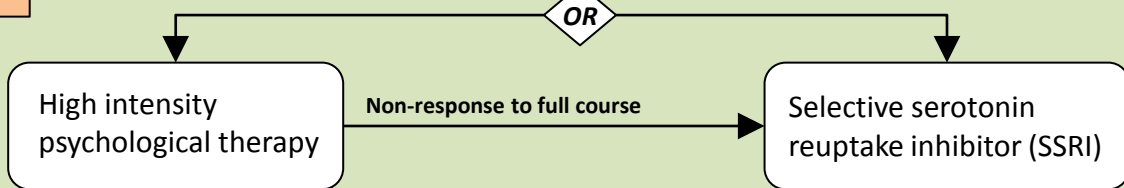


Pharmacological Management of Generalised Anxiety Disorder

This pathway is based on NICE Clinical Guideline (CG) 113: Generalised anxiety disorder and panic disorder (with or without agoraphobia) in adults.

- Diagnosis of generalised anxiety disorder (any presentation; other causes excluded).
- Comorbid primary conditions treated.
- Insufficient response to management at **Steps 1 and 2** in NICE CG113 Stepped Care Model.

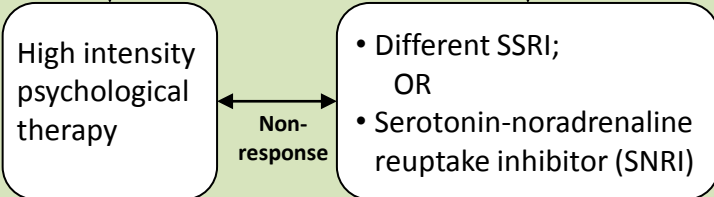
Step 3a



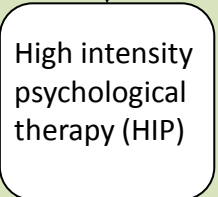
Step 3b

Switch to:

If inadequate response to any therapy at this stage switch to alternative within this box



Add:



Non-response

Inadequate response after full course HIP

Attempt all treatments at Step 3b before progressing.
Provide clear justification for omitting any step in pathway.

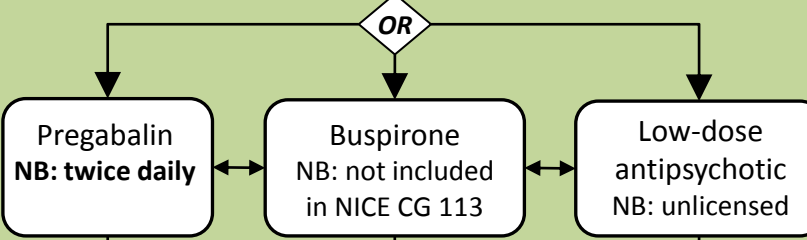
- SSRI (tick) Reason for omission:.....
- SNRI (tick) Reason for omission:.....
- HIP (tick) Reason for omission:.....

Step 3c

Switch to:

If inadequate response to any therapy at this stage consider switch to alternative within this box.

Initiation of Step 3c treatments should be by a specialist, but can be continued by GP once stable.



Inadequate response

Step 4

Other medicines or combination pharmacotherapy
NB: specialist secondary care use ONLY. Seek advice from specialist pharmacist.

NB: Benzodiazepines are for short-term use ONLY, e.g. to manage periods of acutely heightened anxiety during change in therapy.